



Art 1) "LA DOLOMITICS" is an endurance event organized in three itineraries (**Easy Fleim, Fiemme and Dolomiti**) that has to be finished **in complete autonomy** respecting the rules. It presents a compulsory track and several check points (both declared and hidden).

It is not a competition and there will not be any result list (an alphabetical finish order will be published).

A participation diploma and the "Finisher" t-shirt will be given to every participant that will complete the track within the maximum time.

The event will not be cancelled for any reason, every attendee can end his participation (withdrawal) **at his expenses**.

Art.2) Every athlete of age 18 or older can take part in the randonné. S/he will be asked a medical sports certificate or a sports team card and the European medical card.

Art.3) The maximum number of participants is fixed to **299**, for security and logistic reasons. Registration is allowed up to **8th July**, if the maximum number has not been reached.

Art.4) To get the randonné license every cyclist has to fill in the entry form, the approval form and pay the participation fee. The rules have to be completely accepted.

The participant relieves the OC of any responsibility regarding accidents that may occur before, during and after the event.

Art.5) Every kind of cyclists are welcome. No electric bike accepted.

Art.6) The participant must follow the road rules. The use of a safety helmet is not compulsory but recommended. The participant must know the itinerary, that is not supervised by the OC. Double-queue or group cycling is not allowed, unless it is permitted by safety reasons.

Art.7) The OC recommends lighting means on the bike and a lighting emergency system, light-reflecting clothes and utilization of a GPS . It is not compulsory for the OC to check every and each athlete, but a visual test will be carried on before the start.

It is compulsory for the athlete to wear light-reflecting clothes (vest, headband, wrist band, ankle band ...) during the night and in case of insufficient visibility.

Art.8) Every athlete must behave and dress properly before, during and after the event.

Art.9) The OC is not responsible for any accidents that may occur during the randonné.

Art.10) Every participant has to run the itinerary independently. No personal, group or club entourage is allowed during the randonnée and at the check points. The OC will be allowed to organize an entourage if necessary.

Art.11) At the start, every participant receives a travel card and a road book; those who use a GPS will be given the link to download the GPX file.

Art.12) At the start every participant receives a "travel card" that indicates the itinerary and the check points. The card must be validated at every check point. If the check point is a non-specified location, the participant will be asked some "transit proofs" as sales receipt, shop stamps, rail station stamps, parking tickets, pictures or anything else. With no validation or if the card is lost, the participant will not receive the randonnée diploma.

Art.13) The transit at control points and the card validation have to respect the limit time, otherwise the participant will not compare on the "results" list.

CHECK POINTS: the participants will find check points (stamp) at transit areas and in the cafés near the crossing points. Check point locations will be communicated at the introduction briefing and will be indicated on the travel card. There will be check points that will not be communicated by the OC.

Art. 14) At the end of the itinerary it is **compulsory** to exhibit the travel card with the stamps required for the validation.

In case that one stamp is missing, the travel card is lost or not readable, the validation may not be guaranteed.

Art. 15) Every participant must respect the opening and closing time of the check points indicated on the travel card. The check points will work as opening gates (the passing of the randonneur will be certified only during this time. If the randonneur comes to the check point before the opening, s/he will be asked to wait until the opening time to have the travel card validated (please mind that no result list will be published).

Art. 16) **The OC will organize a "French start":** it will be possible to start from 7:30 to 7:00 on Saturday 13th July 2019. The OC recommends a mass start at 7:00 to run together the first few km of La Dolomitics on the Val di Fiemme bike route.

Official time to calculate the maximum time (12 h for Easy, 20 h for Fiemme and 42 h for Dolomiti path) will start at 7:00.

Art. 17) The Rando package and the other material can be collected on Friday 12th July from 15:30 to 18:30 to Nordic Ski Stadium in Lago di Tesero (Randonnée starting location).

Art 17) It is possible to benefit of the "bag drop service" for the Dolomiti itinerary: the participant can ask to have his/her personal bag delivered in Zoldo (half route).

- Please mind the bag drop recommendations in the rules.

Art.18) In case the participant does not follow the rules, s/he will be disqualified and the travel card will be retired.

If the communication to the participant of the disqualification is not immediately possible, it will remain valid and s/he will be informed after the arrival.

Please mind:

disqualification is the only valid sanction, it is vocally communicated and is retroactive.

Art.19) The license is not a time-based competition and no result list will be published. Prize giving ceremonies will be organized by name drawing, team card number and other casual data decided by the OC. Finishing time will not be taken into consideration.

Art.20) At the end of the event, the OC will publish the list of the validated and not-validated participants. Every attendee will compare in the list.

DECLARATION: *I confirm that I read the rules and that I am older than 18 years at the day of the event. I am aware of the risks that may occur in a sports event. I confirm to be healthy and well-prepared for this cycling competition and that my physical preparation is certified by a doctor. I voluntarily take part in this event and I am responsible of the risks; I consider any weather, traffic and road condition before starting. The OC and the people cooperation to the event are not responsible for my performance. I allow the use of pictures, videos and other data about my participation for any legal use without remuneration. I allow the use of my personal data as stated in the Italian law 81/08 and following.*

DATE:

**FIRST NAME, LAST NAME IN BLOCK
LETTERS**

SIGNATURE FOR ACCEPTANCE

**PLEASE KEEP ON READING THE DOCUMENT, SIGN THE RESPONSIBILITY ACCEPTANCE
DOCUMENT AND SEND IT WITH THI PAGE, COMPLETELY SIGNED.**



RESPONSIBILITY ACCEPTANCE DOCUMENT

I (last name and first name in readable block letters) _____

Date and place of birth _____

Team: _____ N° card: _____

Or date of the medical sports certificate validation: _____

I confirm that:

1. I saw the itinerary and I have evaluated all the potentially dangerous points and I take into consideration scarce visibility conditions. I am aware of the risks for myself and the others that my participation may present;
2. I am physically and technically prepared to ride even during night time;
3. I am the only responsible of my own bike during the manifestation;
4. the organizers, the volunteers and all the people involved in the manifestation are not by any means responsible for anything that may occur before, during and after the manifestation, even outside of the tracked itinerary;
5. I know that the organizers have done everything possible to avoid risks and damage to people and things;
6. I commit not to cause any damage to things and people. Safety is more important than results;
7. I read the rules and the other documents, I accept the rules in order to respect the safety of the event.

Date _____ **Signature** _____

PRIVACY DLG 196 / 2003

I confirm that I have been informed about art. 13 D. L.gs. Privacy 196/2003, I have understood my rights as stated in art. 7 del D. L.gs in "Diritto di accesso ai dati personali ed altri diritti" ("Right to access to personal data and other rights") and I allow the treatment and communication of my personal data in respect to the privacy information.

Date _____ **Signature** _____



SUGGESTIONS

- It is recommended a multiple lightning system and emergency lights and batteries (it may not be possible to buy such items in mountain villages).
- Pass downhill are steep and narrow, difficult and tecnica. If run in the night time it is recommended a good personal head lamp.

Getting the road lighted by a car (team car or other) is against the randonnée rules and the participant may be disqualified.

- Please mind weather and temperature: be prepared to cold temperatures especially during the night.

It is highly recommended the use of an emergency towel (price 5€).

- **Helmet is not compulsory but recommended** as personal protection and as support for the head lamp (that may be useful to read road signs, the road book and in case of flat tyre during the night).

Withdrawal is not a punishment!